



MDS Fitness

Benefit Options 2020-2021

BLUE CROSS BLUE SHIELD

Health Insurance	Comp Choice 500/PP0			
	Single	EE + Children	Family	
Deductible	\$500	\$750	\$1000	
Coinsurance	20% after deductible met			
Out of Pocket Limit	\$3000	\$4500	\$6000	
Physicians Visits	\$25 + 20% coins.			
Specialist Visits	\$25 + 20% coins.			
Labs & X-Rays	20% Coins.			
ER Visit	\$75			
Urgent Care	\$25			
Hospital	Covered in Full			
Drug Coverage	\$15			

HMO DENTAL INSURANCE OPTION

	Calendar Year	Coinsurance (policy	Maximum Benefit per
	Deductible	pays)	Calendar Year
Preventative	No Deductible	100%	\$1,000
Basic	\$50 Single \$1500 Family	80%	Calendar Year Maximums Combined
Major	\$50 Single \$100 Family	50%	for all procedures per member.

VISION INSURANCE OPTION

Exams	Preventative	Once per 12 months	
Frames	\$100 allowance	One set 24 months	
Lenses	Single, Bi-, or Tri- Focal	Focal One pair per 12 months	
Contacts	Fitting and Evaluation: 15% in network discount. Up to \$60 copay. Up to \$150 contact lens allowance per year.	Per 12 months	

PLAN COST PER CHECK (PAID SEMI-MONTHLY ON 1ST & 15TH)

	BCBS- Health	Principal- Dental	Principal- Vision	Total / Monthly
Single	\$104.37	\$8.89	\$2.60	\$115.85 / \$231.71
E+Children	\$277.74	\$35.25	\$9.01	\$321.99 / \$643.99
Family	\$425.49	\$36.57	\$9.35	\$471.41 / \$942.82

INSURANCE STARTS ON THE 1ST OF THE MONTH AFTER 60 DAYS OF EMPLOYMENT

THE BENEFITS LISTED ABOVE IS A SUMMARY OF BENEFITS, SUBJECT TO CHANGE.

RETIREMENT

401(K) AFTER 6 MONTHS OF EMPLOYMENT.

Company will match up to 3% of your contribution. You can invest up to 6%. Can contribute up to 3% in Roth IRA, as well.

LIFE INSURANCE & DISABILITY

LIFE INSURANCE & AD&D (VALUE \$25,000) AND LONG-TERM DISABILITY (MUST OPT IN). ALSO AVAILABLE: VOLUNTARY LIFE, VOLUNTARY SHORT-TERM DISABILITY & AD&D.

WORKING HOURS

MONDAY & WEDNESDAY 11:00 AM - 7:00 PMTUESDAY & THURSDAY 10:00 AM - 7:00 PM

(TUESDAYS AND THURSDAYS, WE HAVE PROFESSIONAL DEVELOPMENT AT 10:00 AM)

FRIDAY 7:00 AM - 12:00 PM

TIME OFF

PAID TIME OFF 7-10 DAYS ACCRUES AFTER 60 DAYS OF EMPLOYMENT

HOLIDAYS NEW YEARS DAY*, MEMORIAL DAY, JULY 4TH, LABOR DAY,

THANKSGIVING, DAY AFTER THANKSGIVING*, CHRISTMAS

*-VARIES YEAR-TO-YEAR DEPENDING ON SALES.

COMPANY DAY TRIPS A FEW TIMES OUT OF THE YEAR, WE WILL ALL MEET AS A

COMPANY FOR PROFESSIONAL DEVELOPMENT/DAY TRIP. SOME FORMER DAY TRIPS INCLUDE ICOMBAT, PAINTBALL, GOLF, MOVIES.

SOMETIMES THESE ARE A WORK/PLAY GETAWAY.

EMPLOYEE ASSISTANCE PROGRAM

EMPLOYEE DISCOUNT SHOPPING PROGRAM

FREE CEU'S/CEC'S IDEA CLUB CONNECT

(DISCOUNTED PERSONAL TRAINING CERTS)

FREE MEMBERSHIP TO OVER 4000 ANYTIME FITNESS GYMS

COMPLIMENTARY MEMBERSHIP FOR SIGNIFICANT OTHER.

EMPLOYEE GETAWAY!!!

COMPENSATION SALARY + CLUB DRAFT BONUS* + BONUS*

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